

SEMINAR FEES

- Sydney** \$160. Early Bird \$147 (by 20.10.07)
\$110 Full-time students (proof required)
- Brisbane** \$130. Early Bird \$120 (by 27.10.07)
\$66 Full-time students (proof required)
- Perth** \$130 AACMA members for 2 evenings
\$195 non-members
\$75 Full-time students (proof required)
- Melbourne** \$130. Early Bird \$120 (by 3.11.07)
\$66 Full-time students (proof required)

PLEASE NOTE: An administration fee of \$35 applies for any cancellations after payment is received. Cancellations less than 7 days prior the seminar date are non-refundable.

REGISTRATION

NAME _____

ADDRESS _____

PHONE _____

E-MAIL _____

ATTENDING SEMINAR IN: _____

Cheque/money order (payable to Helio) \$ _____

Visa or Mastercard payment \$ _____

Card number _____ / _____ / _____

Expiry date _____ / _____

Name on card _____

Signature _____

WHERE & WHEN

SYDNEY

Sunday 11 November 2007
10am–5pm. The Australian Museum
Theatrette – entry via William Street entrance
Corner of College & William Streets
Sydney NSW. Registration from 9.30 am.

BRISBANE

Sunday 18 November 2007
10am–5pm. Australian College of Natural Medicine
Room 15, 362 Water Street, Fortitude Valley QLD
Registration from 9.30 am.

PERTH

Tuesday 20 & Wednesday 21 November 2007
6–9.30pm. Australian College of Natural Medicine
170 Wellington Street, Perth, WA.

MELBOURNE

Saturday 24 November 2007
1–5.30pm. Monash Medical School
Alfred Lane (next to Alfred Hospital), Prahran VIC
Registration from 12.15 pm.

CPE points apply. Tea & coffee provided.

ENQUIRIES & REGISTRATION

Bookings are essential!
Please mail or fax your registration slip to:

Helio Supply Co
93 Shepherd St. Chippendale NSW 2008
Phone 1800 026 161 Fax 1800 026 767
E-mail: TCM@heliosupply.com.au



On Shen, Emotions & Mental Health



Elisa Rossi MD PhD



*A Trudy Zipf &
Sue Cochrane Collaboration*

A joint venture with
UWS TCM Masters program,
ACNM Brisbane, AACMA WA
State Committee & Ethica Medicine Pty Ltd

An exciting opportunity!

A fully packed and dynamic seminar on:

- ✿ Ideas to apply in clinic practice
- ✿ Classical and psycho-emotional & spiritual aspects of Shen
- ✿ the psychic souls Hun, Po, Zhi, Yi & Shen
- ✿ Mental Health issues
- ✿ Anxiety & Depression
- ✿ The patient–practitioner relationship
- ✿ Clinical relevance and contemporary practice
- ✿ Case studies

This seminar is offered conjunct to the Mental Health unit of the TCM Masters program of University of Western Sydney. It is proudly supported by the Australian College of Natural Medicine Brisbane, AACMA State Committee of Western Australia and Ethica Medicine Pty Ltd, Melbourne.

SHEN

As a major public health concern, mental health issues are a predominant concern in TCM clinics. Depression and anxiety are common presentations in acupuncture practices. Chinese medicine with its intrinsic continuity between the emotional, mental and physical level, is a therapeutic instrument very effective in dealing with cases where the alterations of the Shen are both obvious and subtle.

EMOTIONS

The seminar focuses on the psychic–emotional–mental aspects of patients’ conditions and it is purposely constructed to facilitate the practitioner’s formulation of diagnosis and treatment. Emotions and classical thought as well as emotions and illness are discussed.

MENTAL HEALTH

We explore: research and clinical application of the material described in the classical sources; stress-related conditions, considerations and clinical notes; points used in serious psychiatric pathology; clinical aspects of mental diseases; the patient–practitioner relationship – resources and difficulties and qualities characteristic of acupuncture.

VOLKER SCHEID endorses Elisa Rossi

“Gain a profound understanding of the actual depth of our tradition and also of its debates and unresolved issues.

Elisa creates a model for how to develop Chinese medicine in the West – an important achievement.”

MD (cum laude), Acupuncturist since 1983, PhD in Clinical Psychology, Psychotherapist (Jungian), BA in Philosophy (cum laude). Gained clinical experience in the TCM departments of Beijing, Nanjing, Shanghai, Jinan. In 1994 Elisa co-founded the School of TCM “MediCina”, where she taught for 10 years. She is president of FISTQ, the Italian Federation of Schools of Tuina and Qigong, and member of Milano Medical Board for Non-Conventional Medicine.

Since 2002 Elisa runs a free Children’s Clinic, focusing on acupuncture & TuiNa in paediatrics. A special interest in the psychic sides of the human being and of medicine led Elisa to get deeper into the connection between the psychoanalytic and the traditional Chinese point of view. She also focuses on the relation between patient and acupuncturist, subjects on which she researches, teaches and publishes. Elisa’s TCM articles can be found in the *European Journal* and the *Journal of Chinese Medicine*. Elisa Rossi is the author of “Shen – Psycho-Emotional Aspects of Chinese Medicine” (Churchill Livingstone 2007).